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# DYLAN MOSCOVITCH

*Speaker & Inner Alchemist*



**Dylan Moscovitch is an Olympic medallist, speaker, and creator of Threshold™, a method for navigating life's most defining moments of transformation.**

After an 18-year international career, he crossed a profound personal threshold, one that required the dissolution and rebuilding of his identity and purpose. That experience became the foundation of his work. Through deep personal exploration and the study of diverse approaches to performance, healing, and human development, Dylan has developed practical frameworks that support both inner alignment and sustained excellence.

Rooted in a warrior's discipline and guided by the mindset of a devoted student, Dylan walks the path he teaches. He supports individuals and organizations through transition with grounded presence, integrity, and care, holding transformation with depth, creativity, and a touch of humour.

Working with Dylan invites a return to what is real: awakening clarity, authenticity, and the courage to trust and act on one's inner knowing.

## APPEARANCE FORMATS

- Corporate presentations & workshops
- Sports organizations & learning institutions
- Panels & fireside chats
- Virtual talks & webinars

**20+ Years**
*Experience with sports organizations, businesses, schools & expert panels*

**1,000+**
*Coaching & mentorship clients*

**70+**
*Retreats & workshops*

**2×**
*Canadian Olympic Committee speaker training completion*

**20+**
*Podcast interviewee*

**Host & Analyst**
*CBC Sports; HIA podcast host*

CLIENTS INCLUDE

TEDx CANFUND CBC SPORTS



# KEYNOTE TOPICS

### *The Threshold: The Moment Between Who You Were and Who You're Becoming*

Most people stall or fragment in moments of transition. This talk reveals how to meet the threshold directly, transforming uncertainty into a source of clarity, resilience, and forward momentum, so you can step into your next level while cultivating deeper trust in yourself and life.

### *ROOT-Ed: Cultivating Thriving Humans, Building Thriving Organizations*

A practical and embodied approach to building resilient individuals and aligned teams, creating organizations that thrive from the inside out.

### *The Disciple Mindset: The Discipline of Becoming*

In a world obsessed with arrival, this talk reframes life as a path of devotion to learning, where adopting the mindset of a student unlocks growth, adaptability, and mastery in every arena through the mindset of an Olympian.

**Also available:** Taking Root in the In-Between · Embodied Leadership · Healthy Ecosystems · Champion's Mindset · Pragmatic Spirituality

**See him on a stage:** TEDx talk "Taking Root in the In-Between," TEDxLagunaBlancaSchool, January 2026 · youtu.be/Oe51zvTVYc8

# CLIENT FEEDBACK

"It is with highest regards that I recommend Dylan for any type of speaking engagement! Since 2014, Dylan Moscovitch has been such an incredible Olympic ambassador in Canada. He was one of the first Olympians to take part in our 2014 public speaking program at the COC in the advanced speaking group and was one of our top #OneTeam ambassadors in Canada. He uses his voice to share important values such as respect, excellence and friendship. His ability to captivate audiences with impactful stories and on-stage presence is unmatched."

***Sandra Sassine OLY,***
***Canadian Olympic Committee Athlete Marketing Manager***

"We cannot say enough about him and the way he captivates the audience through sharing his incredible story! Dylan uses his personal experiences as an olympic athlete to inspire, motivate and guide you towards reaching your fullest potential. With an emphasis on the power of the mind, having a winning attitude, and overcoming all odds dylan would be a fantastic choice for your next speaking engagement."

***Ali Martincek***
***CAN Fund Athlete Relations Manager***

# CONTACT DETAILS

*Contact me to start your journey through the Threshold.*


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Book a 20-minute call
cal.com/dylan-moscovitch-ne1hj4/appearances-discovery-call


